




**Module 4: Attacking**

**Topic: Creating Scoring Opportunities from Central Positions**

**Objective: To improve the player's and team's ability to create and finish scoring opportunities from central positions**

Stage	Organization	Diagram	Guided Questions
<p><b>Stage I</b> <b>Technical</b> <b>Warm up</b></p>	<p><b>Scoring Patterns:</b> Player 1 to 2 (checking to the ball). Player 2 to 3. Player 3 passes to 4 in the corner. Player 4 then crosses the ball in for players 1, 2 and 3 who make runs to the front post, penalty area and back post. GK optional. The drill is then repeated on the opposite side.</p>		<ul style="list-style-type: none"> <li>• What determines the type of pass you will utilize? What part of your foot?</li> <li>• What makes a good pass?</li> <li>• What do players do before receiving a ball?</li> <li>• How should a player's body be when receiving? Where is their first touch?</li> </ul>
<p><b>Stage II</b> <b>Small Sided</b> <b>Activity</b></p>	<p><b>5v5 + Neutral to Goals with Gates:</b> In a 60Lx40W area, play 5v5 plus a neutral player to goal with gates. Players must play a ball to a teammate, make a run through either of the outside gates, and get the ball back before going to goal.</p>		<ul style="list-style-type: none"> <li>• When do players off the ball make their run/check to the ball?</li> <li>• How do you commit a defender towards the ball?</li> <li>• How does an attacking team know when to attack in the central channel?</li> </ul>
<p><b>Stage III</b> <b>Expanded</b> <b>Small Sided</b> <b>Activity</b></p>	<p><b>7v7 to Goal:</b> In a 70Lx45W area, play 7v7 to goal with gates as incentives. If a goal is scored=1 point. If a player plays a ball to a teammate, make a run through either of the outside gates, and get the ball back before going to goal = 10 points. Goal off of a cross = 20 points.</p>		<ul style="list-style-type: none"> <li>• When and how to penetrate?</li> <li>• Where and when to support</li> <li>• When, where and why to make runs?</li> </ul>
<p><b>Stage IV</b> <b>Conditioned</b> <b>Game</b></p>	<p><b>6v6 or 7v7:</b></p> <ul style="list-style-type: none"> <li>• Two teams with a specific formation</li> <li>• Play the game and encourage the players to recognize when and how to combine and penetrate with passes in central positions.</li> </ul>		<ul style="list-style-type: none"> <li>• How and why to use improvisation?</li> </ul>